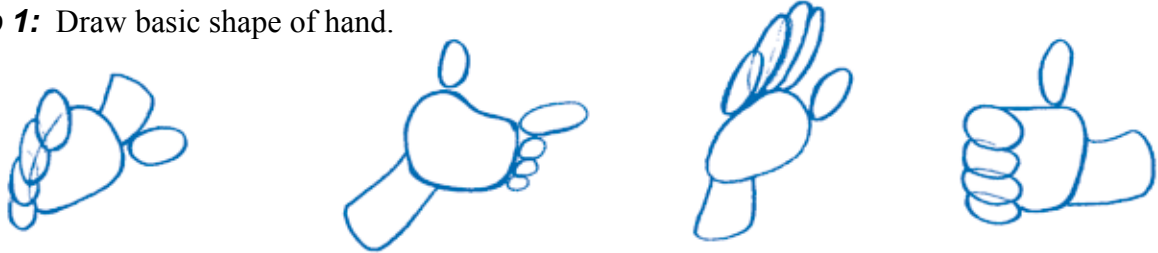


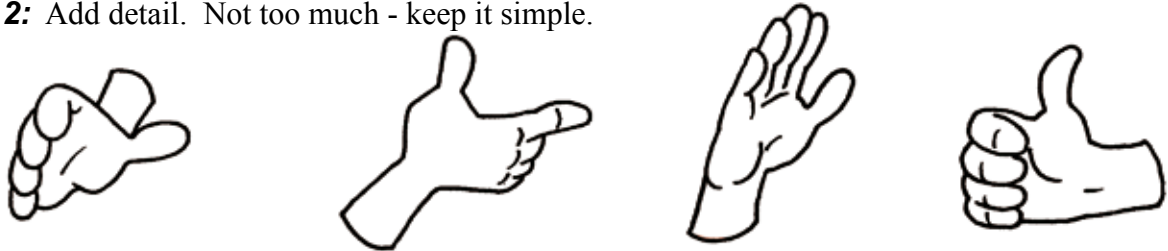
HANDLING HANDS & FEET

Hands are tricky at the best of times. You have to break them down to their basic shapes. Stop seeing them as hands and reduce them to sausage shapes and circles.

Step 1: Draw basic shape of hand.



Step 2: Add detail. Not too much - keep it simple.



Step 3: Practice with different hand gestures.



Now look at your own hand and try drawing four different gestures in the space below.

Drawing Feet: same principle as drawing hands, find the shapes and remember, less is more.



Try drawing the basic shapes of the feet above in the space below.